

**Purple coneflower** 

Thickspike gayfeather



X

Butterfly milkweed

Columbine



New England Aster



**Little bluestem** 





Showy milkweed

Purple prairie clover

### About Audubon

The National Audubon Society protects birds and the places they need, today and tomorrow, throughout the Americas using science, advocacy, education, and on-theground conservation. Audubon's state programs, nature centers, chapters, and partners have an unparalleled wingspan that reaches millions of people each year to inform, inspire, and unite diverse communities in conservation action. Since 1905, Audubon's vision has been a world in which people and wildlife thrive.

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# **Creating a Bird-Friendly Garden**

**Why Native Plants Matter** 





lain Nicolson Audubon Center at Rowe Sanctuary

### **Overview**

Growing bird-friendly plants will attract and protect the birds you love while making your space beautiful, easy to care for, and better for the environment. Native plants, or those that are uniquely adapted to your local environment, can provide many benefits for birds year-round such as shelter, places to nest, and food resources such as insects, seeds, berries, and nectar.

### **Getting Started**

#### MATERIALS

- Garden space in your yard, raised bed, or container

- Trowel or shovel

- Selection of native plants that produce seeds, berries, and flowers. Be sure to choose some "host plants" that support insects.

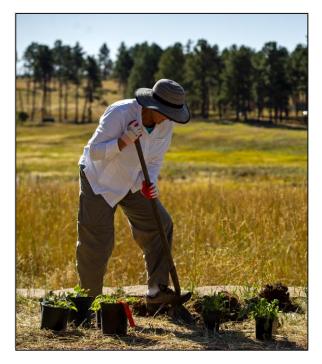
- Mulch or other organic groundcover

#### TIME AND PLACE

Depending on your project, you may need multiple hours to plan and install your garden, and multiple weeks for the plants to grow big enough to attract birds and butterflies. Consider installing plants from May-September. Install plants in 1x1 foot plots so they have room to spread and grow. Each plant has different soil, sunlight and water requirements- be sure to install plants where they will be "happiest" on your landscape.



### **Maintaining Your Garden**



Remember, your garden was planted for hungry guests, so some leaf damage is OK! Water according to the needs of each plant. Always avoid using pesticides/insecticides and herbicides on or near your plants. This will harm wildlife and your plants. To keep weeds in check, maintain a layer of mulch and pull weeds regularly.

#### **OTHER CONSIDERATIONS**

You might also consider providing a water source, such as a hollowed boulder that catches rainwater or a bird bath for birds to drink and bathe in.

Planting in groups of three is very pleasing to the eye and will help wildlife passing by to locate plants they favor.

## **Selecting Plants**

#### NATIVE PLANTS ARE BEST

Select plants that grow well in your area- a.k.a. native plants! Native plants will attract and support your local birds and insects much better than nonnative plants. This is because native plants host far more caterpillars and insects than plants that are not from your local environment.

Try to choose a variety of both perennial and annual plants that will bloom throughout the growing season. This will help to attract birds and butterflies to your garden for longer periods. Shrubs and trees also attract wildlife because they provide resources like nuts and nest cavities.

To find the right plants for your native garden, ask your local greenhouse about their native plant supply.

There are several native plant greenhouses in Nebraska:

#### Midwest Natives Nursery

https://midwestnativesnursery.square.site/#

#### Prairie Legacy Inc.

https://prairielegacyinc.com/?v=36b03dc28b10

#### Nebraska Statewide Arboretum https://plantnebraska.org/

You can also check out lists of recommended native plants that are attractive to pollinators on the Xerces Society website: <u>https://xerces.org/pollinator-</u> <u>conservation/pollinator-friendly-plant-lists</u>

#### **MORE INFORMATION**

Plants for Birds website: https://www.audubon.org/PLANTSFORBIRDS

Native plant database: https://www.audubon.org/native-plants

Native plant landscaping in Kearney, Nebraska